Write down your ideas on how you can take action...
**Glossary**

**HIV** (Human Immunodeficiency Virus) is a virus that damages the defense system of the body. HIV infects cells of the immune system and destroys their function leading to immune deficiency. A person infected with HIV may look and feel healthy for many years. However, the person is still able to pass on the virus.

**AIDS** (Acquired Immune Deficiency Syndrome) is caused by infection with the virus HIV. Over time, the immune system becomes seriously weakened so that the body loses its ability to fight off infection that it would normally have fought. The infected person develops a number of serious infections and illnesses, which eventually leads to death. Once a person who has HIV gets one or a number of opportunistic infections, that person is said to have AIDS.

Some people develop AIDS quickly after being infected with HIV. Yet some live with HIV for ten or more years before developing AIDS.

HIV/AIDS-related discrimination is treating someone unfairly and unjustly based on the fact that they are actually living with HIV/AIDS or that you think they are living with HIV/AIDS.

All human beings are born with human rights. Human rights were agreed upon by many governments, aims to ensure that every person in the world is treated with respect and dignity. These laws state what can and what cannot be done to you, and what should be done for you. These laws can be found in documents like the United Nations' Convention on the Rights of the Child.
ONE DAY AT THE FOOTBALL FIELD...

AROUND COMING TO PLAY FOOTBALL WITH US?...
NO! SORRY! I HAVE TO GO HOME AND HELP MY MOTHER WHO'S SICK!

HELLO, FREDDY...

OK, WHAT'S WRONG WITH HIS MOTHER?
WELL, I HEARD THAT SHE IS HIV POSITIVE.
REALLY?!
SHE'S HIV POSITIVE?
BUT THAT'S TERRIBLE. SHE SHOULD BE TOLD TO LEAVE THE VILLAGE...

YEAH... I'M AFRAID. LET'S NOT PLAY WITH FREDDY ANY MORE...

BUT... WHAT, WHY ARE YOU AFRAID?
YOU'RE RIGHT! WE SHOULDN'T PLAY WITH HIM.
Don't tell me how you can get HIV.

You can get HIV through:
- unprotected sex
- infected blood
- and needle sharing.

Don't take drugs and do not share needles...

We should wait to have sex. We should never have sex because others are.

Let's put it on first...

And when we do have sex, we must always use condoms.
BUT WHY DON'T WE LEARN ABOUT THIS AT SCHOOL?

SO YOU CAN'T GET HIV BY SHAKING HANDS...

OR BY HUGGING OR KISSING...

... OR BY...

YES, WHY? WE SHOULD BE TOLD ABOUT IT.

WE HAVE A RIGHT TO THIS INFORMATION.

Yeah... if we knew more we wouldn't be afraid...

... so it's fine to play football with Freddy.

AND THEN WE COULD PROTECT OURSELVES AND HELP OUR FRIENDS WHO HAVE HIV INSTEAD OF LEAVING THEM SAD AND LONELY.
LIKE FREDDY’S MOTHER.

YEAH! LET’S GO AND HELP HER!

YOU’RE RIGHT. WE SHOULD HELP OUR FRIENDS AND THEIR FAMILIES WHEN THEY ARE SICK.

LET’S SHOW HER THAT WE CARE ABOUT HER.

HELLO FREDDY.

WHAT’S WRONG?!

SO LET’S GO IN AND SEE HER.
I'm feeling sick so I went to the health centre but no one paid attention to me and I waited several hours.

It's okay to hug someone living with HIV.

You see, I'm HIV positive!

In the end I went up and asked the doctor and he said that they couldn't do anything for me and told me to leave...

But this is wrong! You need help, you are sick like everyone else. Why are you being treated differently? This is discrimination.
'YES, BUT THIS IS NOT NEW. DON'T YOU KNOW THAT ALL OVER THE WORLD PEOPLE LIKE ME, LIVING WITH HIV/AIDS ARE BEING DISCRIMINATED AGAINST.

"SOME HAVE LOST THEIR JOBS AND SOME CAN'T EVEN GET A JOB..."

"OTHERS ARE NOT ALLOWED TO GO TO SCHOOL"

WE MUST CHANGE THIS!
LATER THAT DAY AT ALISHA'S HOUSE...

HOW WAS YOUR DAY?

WHAT DID YOU LEARN?

IT WAS OK, I LEARNT A LOT ABOUT HIV/AIDS TODAY.

WELL... JEFFRY'S MUM TOLD US THAT SHE IS HIV POSITIVE AND WAS UPSET BECAUSE SHE WENT TO THE HEALTH CLINIC WHERE YOU ARE IN CHARGE AND THEY REFUSED TO HELP HER.

IT'S UNACCEPTABLE! I WILL TAKE CARE OF THIS FIRST THING TOMORROW MORNING...

OUR CENTRE HAS THE RESPONSIBILITY TO TREAT ALL EQUALLY...
I heard that you refused to take care of someone who's sick? How could this happen?

Sir, we are very busy, and she's HIV positive...

What's that got to do with it? You should treat a person with HIV/AIDS...

With respect and dignity like everyone else. People living with HIV/AIDS should have equal access to care and treatment...

You are right...
Well done Alisha for talking to your father.

But we can do even more.

Let's get started! How about making some posters to let people know more about HIV/AIDS.

Later that afternoon look at what we have already done.

Do not discriminate.

All people living with HIV are like you and me.

HIV/AIDS stand up for human rights.

...and I have done this...
GREAT WORK! BUT DON'T FORGET THAT THERE IS MORE WE CAN DO TO HELP FIGHT HIV/AIDS AND DISCRIMINATION. TAKE WOMEN AND GIRLS, FOR EXAMPLE. THEY ARE OFTEN DISCRIMINATED AGAINST. PLEASE LET THEM KNOW THAT THEY HAVE THE SAME RIGHTS AS MEN AND BOYS.

I HAVE THE SAME RIGHT TO EDUCATION AS MY BROTHERS.

I CAN SAY NO TO UNSAFE SEX...

I HAVE THE SAME RIGHT TO WORK AS MY BROTHERS.
AND THAT POOR PEOPLE HAVE EQUAL RIGHTS TOO...

LIKE YOU AND ME

AND PEOPLE WHO HAVE DIFFERENT COLOUR SKIN!

AND PEOPLE THAT ARE SICK!

ALL KINDS OF EXCLUSION AND DISCRIMINATION ARE UNJUST AND UNFAIR.

WE SHOULD SUPPORT EACH OTHER AND MAKE SURE THAT PEOPLE'S HUMAN RIGHTS ARE PROTECTED.
People living with HIV/AIDS need to know about their human rights.

...and know that their governments have responsibilities to promote and protect human rights.

So that if their rights are violated people can speak out!

You seem to know a lot about HIV.

Yeah, because actually I am HIV positive as well.
DRAW YOUR OWN POSTER FOR A CAMPAIGN ON HIV/AIDS DISCRIMINATION.
THE HIV VIRUS CANNOT BE TRANSMITTED THROUGH SHAKING HANDS, HUGGING, TOUCHING, KISSING, PETTING, COUGHING, SNEEZING, SWIMMING, POOLS AND TOILETS, EATING UTENSILS OR FOOD, SHARING BEDS, BED LINEN AND CLOTHES, OR THROUGH MOSQUITO BITES.

Body fluids through:
- unprotected (without a condom) sexual intercourse with someone who is infected
- unsterilised equipment including needles, syringes, razor blades and others that have been previously used by someone who is infected.
- transfusion of infected blood or blood products that contain the HIV virus
- an infected mother to her child during pregnancy, childbirth or through breast-feeding

Everyone has a right to information, including HIV/AIDS related information. We need to be informed and speak openly about HIV/AIDS to prevent infection and to help those already infected.

People living with HIV/AIDS have a right to be treated with respect and dignity. You should treat persons living with HIV/AIDS like everyone else.

Freedom from discrimination, for any reason (race, colour, sex or religion, the opinions you have, where you come from, whether you are healthy or ill, and whatever your sexual choices) is a human right that everyone should enjoy and all should respect.

All governments are responsible to promote and protect human rights. Governments should not discriminate.

Discrimination is wrong and unfair. It is a violation of another person's right. Those who discriminate should be held responsible for their actions.

People living with HIV can help everyone better understand HIV and AIDS and how to fight against it. They can help others take steps to protect themselves and their loved ones.

Stand up for human rights. Take action against HIV/AIDS discrimination. You can make things happen!
Write down your ideas on how you can take action...

Thanks for comments, suggestions and other input: Theresita Bagasao, Colin Bailey, Anjana Bhushan, Maria Monica Bolis, Dominique Bush, Alex Capron, Andrew Cassels, Marie-Claude Chartier, Yves Charpak, La Chataigneraie School, Nathalie Drew, Fatimah Elawa, Manuela Enwerem, Stu Flavell, Peter Ghys, Asako Hattori, Catherine Howse, Robert Husbands, Elena Ippoliti, Gesa Kupfer, B.S. Lamba, Paulo Lyra, David Miller, Mona Al-Modhwahi, Lisa Oldring, David Patterson, Annette Peters, Majeda Sabha, Andy Seale, Winnie Mpanju - Shumbusho, Lene Wendland, Elena Wright, Isabelle De Zoysa.
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HIV/AIDS

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